

Full Score

# The First Ten Minutes

WARM-UP EXERCISES FOR STRINGS

Arranged By  
Merle J. Isaac



**WYNN MUSIC**

EXCLUSIVELY DISTRIBUTED BY

**RBC**  
PUBLICATIONS

P.O. BOX 29128  
SAN ANTONIO, TEXAS 78229

Published for

Full Score  
Piano  
Violin  
Viola  
Cello  
Bass

8090

# THE FIRST TEN MINUTES

## Warm-Up Exercises for Strings

Arranged by Merle J. Isaac

| TABLE OF CONTENTS           | Full Score<br>Page | Parts<br>Page | Piano<br>Page |
|-----------------------------|--------------------|---------------|---------------|
| <b>KEY OF G MAJOR</b>       |                    |               |               |
| Scale                       | 2                  | 2             | 2             |
| Arpeggios                   | 3                  | 2             | 2             |
| Broken Thirds               | 3                  | 2             | 2             |
| Scales In Rhythm            | 4                  | 2             | 3             |
| Rhythm Patterns             | 6                  | 2             | 4             |
| Chorale in G                | 7                  | 3             | 4             |
| Etude in G                  | 8                  | 3             | 4             |
| <b>KEY OF D MAJOR</b>       |                    |               |               |
| Scale                       | 10                 | 4             | 5             |
| Arpeggios                   | 11                 | 4             | 5             |
| Broken Thirds               | 12                 | 4             | 6             |
| Scales In Rhythm            | 13                 | 4             | 6             |
| Rhythm Patterns             | 15                 | 4             | 7             |
| Chorale in D                | 16                 | 5             | 7             |
| The Oakton March            | 17                 | 5             | 7             |
| <b>KEY OF C MAJOR</b>       |                    |               |               |
| Scale                       | 19                 | 6             | 8             |
| Arpeggios                   | 20                 | 6             | 9             |
| Broken Thirds               | 21                 | 6             | 9             |
| Scales In Rhythm            | 22                 | 6             | 9             |
| Rhythm Patterns             | 24                 | 6             | 10            |
| Chorale In C                | 25                 | 7             | 10            |
| Syncopation                 | 26                 | 7             | 10            |
| <b>KEY OF F MAJOR</b>       |                    |               |               |
| Scale                       | 29                 | 8             | 11            |
| Arpeggios                   | 29                 | 8             | 11            |
| Broken Thirds               | 30                 | 8             | 12            |
| Scales In Rhythm            | 31                 | 8             | 12            |
| Rhythm Patterns             | 32                 | 8             | 13            |
| Etude in F                  | 34                 | 9             | 13            |
| Hymn - H.M. Monk            | 35                 | 9             | 13            |
| <b>KEY OF Bb MAJOR</b>      |                    |               |               |
| Scale                       | 37                 | 10            | 14            |
| Arpeggios                   | 38                 | 10            | 14            |
| Broken Thirds               | 39                 | 10            | 14            |
| Rhythm Patterns             | 42                 | 10            | 16            |
| First Three-Part Round      | 43                 | 11            | 16            |
| Second Three-Part Round     | 44                 | 11            | 16            |
| Peter de Coverly            | 45                 | 11            | 17            |
| <b>America in five keys</b> | <b>46</b>          | <b>12</b>     | <b>17</b>     |

# The First Ten Minutes

## Scales, Exercises, and Etudes

**Arranged by Merle J. Isaac**

Violin 1

Violin 2

Viola 1

Viola 2

Cello 1

Cello 2

Bass 1

Bass 2

Piano

Piano

The First Ten Minutes p. 2  
(Student Book p. 2)

2 Arpeggios

Violin 1 (Vln. 1) and Violin 2 (Vln. 2) parts. Vln. 2 includes a *Harmony* section and a *div.* (divisi) marking.

Viola 1 (Vla. 1) and Viola 2 (Vla. 2) parts. Vla. 2 includes a *Harmony* section.

Violoncello 1 (Vlc. 1) and Violoncello 2 (Vlc. 2) parts. Vlc. 2 includes a *Harmony* section.

Contrabass 1 (Cb. 1) and Contrabass 2 (Cb. 2) parts. Cb. 2 includes a *Harmony* section.

Piano (Pno.) part, including a *Harmony* section.

The score is for a piece titled "The First Ten Minutes p. 2" (Student Book p. 2), specifically section 2, "Arpeggios". The music is in 4/4 time and G major (one sharp). The Violin 1 part features a continuous arpeggiated figure. The Violin 2, Viola 1, and Viola 2 parts provide harmonic support with sustained chords. The Violoncello 1 part has a more active line with fingerings indicated (e.g., 4, IV, 4, 1, 4, 2, 1, 2, 4, 3, 3, 4, 2, 4, 4). The Violoncello 2, Contrabass 1, and Contrabass 2 parts provide harmonic support with sustained chords. The Piano part features a continuous arpeggiated figure in the right hand and a sustained bass line in the left hand. The *Harmony* sections for Vln. 2, Vla. 2, Vlc. 2, Cb. 2, and Pno. provide harmonic support with sustained chords.

The First Ten Minutes p. 3  
(Student Book p. 2)

**3 Broken Thirds**

Violin 1 (Vln. 1), Viola 1 (Vla. 1), Violoncello 1 (Vlc. 1), Contrabass 1 (Cb. 1), and Piano (Pno.) staves. The music is in 4/4 time with a key signature of one sharp (F#). The first system contains measures 1 through 8. Fingerings and bowings are indicated: Vln. 1 (L2, 4, 5, L2), Vla. 1 (H2, L3, 4, 0, H2, L3, 4), Vlc. 1 (3, 3, 3), Cb. 1 (2, 1, 0, 2, 1, 0, 2, 1, 0, 4, 1, 0), and Pno. (5). A large diagonal watermark "RBC Publications Preview Only" is overlaid across the page.

\* The Scale (1) may be played with exercises 3-15.

Violin 1 (Vln. 1), Viola 1 (Vla. 1), Violoncello 1 (Vlc. 1), Contrabass 1 (Cb. 1), and Piano (Pno.) staves. The music continues from the first system, starting at measure 9. Fingerings and bowings are indicated: Vln. 1 (9, 4, L2, 13, 4, H2), Vla. 1 (H2, L3, 4, H2, H2, H3, 4), Vlc. 1 (3, 3, 3, H4), Cb. 1 (2, 1, 4, 0, 1, 2, 0, 1, 2, 0, 1, 2, 0, 1, 2), and Pno. (13). A large diagonal watermark "RBC Publications Preview Only" is overlaid across the page.

The First Ten Minutes p. 4  
(Student Book p. 2)

**4** Scales in Rhythm

4-measure rest in Vln. 1, 5-measure rest in Vln. 1, 3-measure rest in Vlc. 1, 3-measure rest in Vlc. 1, 4-measure rest in Pno., 4-measure rest in Pno.

**5**

4-measure rest in Vln. 1, 4-measure rest in Vln. 1, 4-measure rest in Vlc. 1, 4-measure rest in Vlc. 1, 4-measure rest in Pno., 4-measure rest in Pno.

The First Ten Minutes p. 5  
(Student Book p. 2)

6

Vln. 1

Vla. 1

Vlc. 1

Cb. 1

Pno.

RBC Publications  
Preview Only

7

Vln. 1

Vla. 1

Vlc. 1

Cb. 1

Pno.

RBC Publications  
Preview Only

The First Ten Minutes p. 6  
(Student Book p. 2)

8 Rhythm Patterns

9

10

11

Vln. 1

Vla. 1

Vlc. 1

Cb. 1

Pno.

12

13

14

15

Vln. 1

Vla. 1

Vlc. 1

Cb. 1

Pno.

The First Ten Minutes p. 7  
(Student Book p. 3)

CHORALE IN G

Slowly

Score for Choral and Instrumental Ensemble, featuring Soprano, Alto, Tenor, and Bass voices, Violins (Vln.), Violas (Vla.), Cellos (Vlc.), Double Basses (Cb.), and Piano (Pno.). The score is marked "Slowly" and includes a large "Preview Only" watermark.

The score is written for a large ensemble, including voices and instruments. The key signature is G major (one sharp) and the time signature is 4/4. The tempo is marked "Slowly".

The vocal parts (Soprano, Alto, Tenor, Bass) are numbered 1 through 4. The instrumental parts (Violins, Violas, Cellos, Double Basses) are also numbered 1 through 4. The Piano part is at the bottom.

The score includes various musical notations, including notes, rests, and fingerings. A large "Preview Only" watermark is overlaid diagonally across the page.

The First Ten Minutes p. 8  
(Student Book p. 3)

ETUDE IN G

1 Moderato

Violin 1: Soprano, H2, 4, 4, V, L2, H2, 5, L2, H2, V, V, H2

Violin 2: H2, 4, 4, V, H2, 4, 4, V, V, H2

Violin 3: V, 4, H2, 4, H2, V, V, H2

Violin 4: H2, 4, H2, 4, H2, V, V, H2

Viola 1: Soprano, H2, 4, V, H2, 4, 4, V, V, H2

Viola 2: H2, 4, V, H2, 4, 4, V, V, H2

Viola 3: V, 4, H2, 4, H2, V, V, H2

Viola 4: H2, 4, H2, 4, H2, V, V, H2

Violoncello 1: Soprano, V, 2, 3, 2, V, 3, V

Violoncello 2: V, 3, 2, V, 3, V, 2, V, V

Violoncello 3: V, 2, V, 3, V, 2, V, V

Violoncello 4: 3, V, 3, V, 3, V, V

Contra Bass 1: Soprano, 4, 2, V, 4, 1, 4, 2, 4, 1, V, 4, 1

Contra Bass 2: V, 4, 1, 4, 1, 4, 1, 4, 1, V, 4, 1

Contra Bass 3: V, 4, 1, 4, 1, 4, 1, 4, 1, V, 4, 1

Contra Bass 4: V, 4, 1, 4, 1, 4, 1, 4, 1, V, 4, 1

Piano: 5, 5, 5, 5, 5, 5, 5, 5, 5, 5, 5, 5

[illegible]

## KEY OF D MAJOR

**1 Scale**

**KEY OF D MAJOR**

3rd Pos.

1st Pos.

Vln. 1

Vln. 2

Vla. 1

Vla. 2

Vcl. 1

Vcl. 2

Cb. 1

Cb. 2

Pno.

Harm.

The First Ten Minutes p. 11  
(Student Book p. 4)

**2** Arpeggios

This musical score is for a piece titled "Arpeggios" (Section 2). It is written for a string quartet and piano. The key signature is one sharp (F#) and the time signature is 2/4. The score is divided into two systems. The first system includes staves for Violin 1, Violin 2, Viola 1, Viola 2, Cello 1, and Cello 2. The second system includes staves for Piano (Pno.) in grand staff notation. The Violin 1 part features a melodic line with several "H2" (half note) markings. The Violin 2, Viola 1, and Viola 2 parts provide harmonic support with sustained chords, marked "div." (divisi) and "H2". The Cello 1 part includes triplet markings (3) and fingering numbers (1, 2, 3, 4). The Piano part consists of two staves, with the right hand playing arpeggiated chords and the left hand providing a harmonic accompaniment. A large, diagonal watermark reading "RBC Publications Preview Only" is overlaid across the entire page.

The First Ten Minutes p. 12  
(Student Book p. 4)

**3 Broken Thirds**

Violin 1 (Vln. 1), Viola 1 (Vla. 1), Violoncello 1 (Vlc. 1), Contrabass 1 (Cb. 1), and Piano (Pno.) staves. The music is in 2/4 time with a key signature of one sharp (F#). Fingerings and bowings are indicated above the notes. A large diagonal watermark "RBC Publications Preview Only" is overlaid across the page.

\* The Scale (1) may be played with exercises 3-15.

Continuation of the musical score for Violin 1, Viola 1, Violoncello 1, Contrabass 1, and Piano. It includes measures 9 through 13, with fingerings and bowings indicated. A large diagonal watermark "RBC Publications Preview Only" is overlaid across the page.

**4** Scales in Rhythm

Score for Section 4: Scales in Rhythm. The score is for a string quartet (Vln. 1, Vla. 1, Vlc. 1, Cb. 1) and Piano (Pno.). The key signature is one sharp (F#) and the time signature is 2/4. The music consists of a single melodic line in the first violin, with the other instruments providing harmonic support. The first violin part begins with a quarter rest, followed by a series of eighth notes: D4, E4, F#4, G4, A4, B4, C5, D5. The second violin, viola, and cello parts begin with a quarter rest, followed by a series of eighth notes: D3, E3, F#3, G3, A3, B3, C4, D4. The piano part begins with a quarter rest, followed by a series of eighth notes: D2, E2, F#2, G2, A2, B2, C3, D3. The score is marked with a 'V' above the first measure of each part, indicating a breath mark or a similar performance instruction. The score is marked with a '2' above the eighth measure of the first violin, indicating a second ending. The score is marked with a '4' above the eighth measure of the first violin, indicating a fourth ending. The score is marked with a 'III' below the eighth measure of the first violin, indicating a third ending.

**5**

Score for Section 5. The score is for a string quartet (Vln. 1, Vla. 1, Vlc. 1, Cb. 1) and Piano (Pno.). The key signature is one sharp (F#) and the time signature is 2/4. The music consists of a single melodic line in the first violin, with the other instruments providing harmonic support. The first violin part begins with a quarter rest, followed by a series of eighth notes: D4, E4, F#4, G4, A4, B4, C5, D5. The second violin, viola, and cello parts begin with a quarter rest, followed by a series of eighth notes: D3, E3, F#3, G3, A3, B3, C4, D4. The piano part begins with a quarter rest, followed by a series of eighth notes: D2, E2, F#2, G2, A2, B2, C3, D3. The score is marked with a 'V' above the first measure of each part, indicating a breath mark or a similar performance instruction. The score is marked with a '4' above the eighth measure of the first violin, indicating a fourth ending. The score is marked with a 'III' below the eighth measure of the first violin, indicating a third ending.

The First Ten Minutes p. 14  
(Student Book p. 4)

6

Score for measures 6-7, featuring Vln. 1, Vla. 1, Vlc. 1, Cb. 1, and Pno. The key signature is one sharp (F#) and the time signature is 3/4. The music is marked with a forte (f) dynamic.



Vln. 1

Vla. 1

Vlc. 1

Cb. 1

Pno.

7

Score for measures 8-9, featuring Vln. 1, Vla. 1, Vlc. 1, Cb. 1, and Pno. The key signature is one sharp (F#) and the time signature is 3/4. The music is marked with a forte (f) dynamic.



Vln. 1

Vla. 1

Vlc. 1

Cb. 1

Pno.

(Student Book p. 4)

8 Rhythm Patterns 9 10 11

Vln. 1

Vla. 1

Vcl. 1

Cb. 1

Pno.

12 13 14 15

Vln. 1

Vla. 1

Vcl. 1

Cb. 1

Pno.

The First Ten Minutes p. 16  
(Student Book p. 5)

CHORALE IN D

Andante sostenuto

Score for Choral and Instrumental ensemble, titled "CHORALE IN D" in "Andante sostenuto" tempo. The score is for a full orchestra and choir, arranged in a standard symphonic format. The key signature is D major (two sharps) and the time signature is 4/4. The score is divided into two systems. The first system includes parts for Violins 1 & 2, Violas 1 & 2, Cellos 1 & 2, Double Basses 1 & 2, and a Piano. The second system includes parts for Soprano, Alto, Tenor, and Bass vocal parts, and a Piano. The score is marked with rehearsal points (1, 2, 3, 4, 5) and includes various musical notations such as notes, rests, and dynamics. A large diagonal watermark "PBC Publications Only" is visible across the page.

**Violins 1 & 2:** Violin 1 (Vln. 1) and Violin 2 (Vln. 2) parts, both in D major. Violin 1 has a first ending marked 1. Violin 2 has a first ending marked 2.

**Violas 1 & 2:** Viola 1 (Vla. 1) and Viola 2 (Vla. 2) parts, both in D major. Viola 1 has a first ending marked 1. Viola 2 has a first ending marked 2.

**Cellos 1 & 2:** Cello 1 (Vlc. 1) and Cello 2 (Vlc. 2) parts, both in D major. Cello 1 has a first ending marked 1. Cello 2 has a first ending marked 2.

**Double Basses 1 & 2:** Double Bass 1 (Vlc. 3) and Double Bass 2 (Vlc. 4) parts, both in D major. Double Bass 1 has a first ending marked 1. Double Bass 2 has a first ending marked 2.

**Piano:** Piano (Pno.) part, in D major. The piano part features a prominent bass line with octaves and chords.

**Vocal Parts:** Soprano, Alto, Tenor, and Bass vocal parts, all in D major. The vocal parts are arranged in a four-part setting, with the Soprano part having a first ending marked 1.

**The First Ten Minutes p. 17**  
(Student Book p. 5)

**Tempo di marcia**

**Violins 1 & 2**  
Violin 1  
Violin 2

**Viola 1 & 2**  
Viola 1  
Viola 2

**Violoncello 1 & 2**  
Violoncello 1  
Violoncello 2

**Contrabass 1 & 2**  
Contrabass 1  
Contrabass 2

**Voices**  
Soprano  
Alto  
Tenor  
Bass

**Piano and Organ**  
Piano  
Organ

The First Ten Minutes p. 18  
(Student Book p. 5)

9 H2 H2 13 4 H2

Vln. 1

Vln. 2

Vln. 3

Vln. 4

Vla. 1

Vla. 2

Vla. 3

Vla. 4

Vcl. 1

Vcl. 2

Vcl. 3

Vcl. 4

Cb. 1

Cb. 2

Cb. 3

Cb. 4

Pno.

9 13